

JAMES GILLESPIE'S PRIMARY SCHOOL

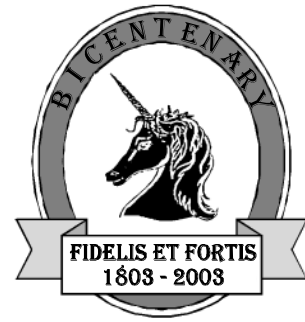
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ANTHEA GRIERSON, HEAD TEACHER



7th May 2008

Dear Parent

JGPS Health Week 2nd-6th June 2008

This year our Health Week is more exciting than ever!

We have planned that each year group will enjoy a taster session of a new dance and sport activity. The sports activities are:

- Nursery – Mini Athletics and PALs games session- in school grounds
- P1/P2- Mini Kickers and Athletics- in school hall and Bruntsfield Links
- P3 – Golf and Pop Lacrosse- Bruntsfield Links
- P4 Tennis and Lacrosse- Meadows Tennis Courts and Playground
- P5- Tennis and Golf- Meadows Tennis Courts and Bruntsfield Links
- P6 – Bowls and Hockey- School Hall and Bruntsfield Links
- P7 – Rugby and Hockey- Bruntsfield Links

For dance Nursery-P4 pupils will enjoy a session with the “Jammin Fitness” team whilst P5-7 classes will be taught breakdancing by a specialist teacher. As well as that all classes from N-P7 will enjoy an hour session with specialist dance teacher Laura McNeill, Principal Teacher from the City of Edinburgh’s Dance Unit at Broughton HS. Laura will be teaching creative dance with younger classes and introducing the older pupils to new styles of dance.

We will be looking at emotional health with the children this week as well as healthy eating. As we did last year we will be providing pupils with tasty snacks every day and encouraging them to try new fruits and vegetables. If you would be able to come in from 8.45-9.45 any of the mornings that week to help prepare the snacks please indicate on the tear off slip below.

Each morning we will be having a “Shake and Wake” session from 8.00. Please encourage your child to come along early to school this week and join in.

Also going on during Health Week will be our “Swimathon” sponsored event run by the PTA. This will take place at JGHS swimming pool Monday – Wednesday that week. We need at least 4 parents at each session to count the laps for pupils and complete sponsorship forms. If you can help even at one session please indicate on the form below. The sponsored event is to raise money for a new staging system so that shows and events can have a better platform at JGPS and also so that parents can have a better view of their child on stage!

During Health Week I would encourage all pupils and staff to come to school dressed for sport activities and with a bottle of water.

The total cost for the activities and snacks is £????????(???? income support). Please sign the permission form and indicate on any of the other forms if you are able to help. Please send the slip below back to school together with payment by Friday 16th May.

I look forward to an exciting week.

Yours sincerely

Anthea Grierson
Head Teacher

Health Week 2008

I do/do not consent to my child _____ class _____
Taking part in the sport and dance activities for their year group. I understand that some of the events take place outside the school on Bruntsfield Links or The Meadows. I can confirm that the details held in school on the EE2 form dated August 2008 are correct Yes/No
I enclose ?????/???? in payment.

Signature of Parent _____ Date _____

Snack Preparation

I can /cannot help with snack preparation during Health Week from 8.45-9.45. I am able to help on Mon/Tues/Wed/Thurs/Fri (please circle days you can help)

Name of Parent _____ Phone number _____

Swimathon- JGHS Pool

Please tick in boxes below any sessions you would be able to help. Please wear rubber soled shoes and loose clothing as it is very hot in the pool!

Monday 2nd June 8.45-10.25 (1A/1B) 10.45-12.30 1B/2A 1.20-3.20 2B/3A

Tuesday 3rd June 8.45-10.25 (3B/6A) 10.45-12.30 6B/7A 1.20-3.20 7A/7B

Wednesday 4th June 8.45-10.25 (4B/4A) 10.45-12.30 (4A/5B) 1.20-3.20 5B/5A

Name of Parent _____ Name of Child/Class _____

Contact number _____
